

**ABOVE AND BEYOND COMMUNITY CLASSES, INC. PRESENTS:**

# **SOCIAL COACHING I:I**

## **with Masters Level Coaches**

**7 Sessions via Zoom or In-Person**

Above and Beyond Community Classes Inc. is offering this unique opportunity for students 18 and older to virtually meet weekly with a Social Connections coach. Utilizing principles of Life Coaching, students will identify their personal goals and pathways to achieving those goals, assistance with identifying social opportunities, exploration of empathy and training in a specific dialogue skill set to improve outcomes of interpersonal relationships. Student and coach determine specific time per week that works best for them.

**Winter 2023 Session, 7 Weeks-  
1/2-2/24/23 for \$315.00**

**To register, email: [chawkins@buexperience.org](mailto:chawkins@buexperience.org)**

**More info & instructors' bios @**

**<https://www.abcommunityclasses.org>**

**Open to the public, all are welcome!**

**Take a Class... Join a Community**

**Via Zoom or @ 150 Motor Parkway, Hauppauge, NY**