

ABOVE AND BEYOND COMMUNITY CLASSES PRESENTS...



Communications Continuing to Find Your Voice

with **HELENE SCHORR, M.S.**

class description: Join us as we continue to “find our voices” in this weekly, interactive Zoom discussion class. Each week we will explore different ways to improve our self-advocacy and positive communication skills. We will take a look at well-known speeches and community leaders, as well as our personal experiences in order to assess what characteristics inspire us towards finding and/or strengthening our own voices. Within our safe and supportive community, we will continue to share and learn from each other and find, not only our voices, but a greater understanding of ourselves as well.

dates and times: 7 Mondays • 3-3:50pm
4/19, 4/26, 5/3, 5/10, 5/17, 5/24, No Class 5/31, 6/7

participation fee: \$300.00

to register: email chawkins@buexperience.org

open to the **public** and **all abilities.**
see instructor's bio at abcommunityclasses.org
flyer created by SoH ArtWORKS

