Above and Beyond Community Classes, Inc. Presents:

Mondays 4-4:50pm via Zoom or In-Person

Sports History: Amateur Sports & Activities

with Jason Baron, M.S.

Various amateur sports and activities are enjoyed by people worldwide as a pastime that can unite people, offer a great workout and challenge our minds. This interactive class can be attended via Zoom or in person at 35 West and will explore the historical and cultural aspects of everything from cycling to fishing to pickleball to how a sport can evolve as an Olympic option. Join instructor Jason Baron to research and discuss the history of countless amateur sports and activities.

> \$360.00 for 8 Sessions: 7/10, 7/17, 7/24, 7/31, 8/7, 8/14, 8/21, 8/28

To register, email: chawkins@buexperience.org More info & instructors' bios @ https://www.abcommunityclasses.org Open to the public, all are welcome! Via Zoom or @ 35 West Main St, Smithtown, NY