

Above and Beyond Community Classes, Inc. Presents:

WHAT'S COOKIN'?

with Gina Frisina, M.S.

Wednesdays 5-5:50pm via Zoom



In this live demo cooking class, each week, students will be coached to prep and prepare a light meal just in time for dinner. Students will receive the recipe a week prior and can then cook along during class under Gina's guidance. Learn new recipes and helpful kitchen hints in each class! Join us via Zoom on Wednesdays at 5PM for this student favorite creative and interactive class. In addition to cooking for her family and organized large groups, Gina Frisina has over 20 years of experience educating young adults and adults. She loves helping her students increase their cooking confidence, knowledge, and safety skill set in this lively class.

\$360.00 for 8 Wednesdays 5-5:50pm - 7/6, 7/13, 7/20, 7/27, 8/3, 8/10, 8/17, 8/24

To register, email: chawkins@buexperience.org

More info & instructors' bios @

<https://www.abcommunityclasses.org>

Open to the public, all are welcome!

Take a Class... Join a Community

Via Zoom or @ 150 Motor Parkway, Hauppauge, NY