

## Summer 2021 Classes

ABOVE AND BEYOND COMMUNITY CLASSES PRESENTS...



# Communications

## Effective Techniques for Real Life Situations

with **HELENE SCHORR, M.S.**

**class description:** The real world can be filled with tricky and awkward social situations. This interactive class will be offered through the hybrid teaching model on live Zoom and also in-person at our Hauppauge location. Using role play and group discussions/activities, we will explore a wide range of situations that we have experienced and/or anticipate experiencing, and discover appropriate ways to tackle them. Within our safe and supportive environment, strategies and techniques will be presented and students can learn from each other while aiming to make the real world a more comfortable and exciting place to explore. Class requirement: Paper or digital journal/notebook.

**dates and times:** 8 Mondays • 3 - 3:50pm  
6/28, 7/5, 7/12, 7/19, 7/26, 8/2, 8/9, 8/16

**participation fee:** \$300.00 for 8 classes

**to register:** email [chawkins@buexperience.org](mailto:chawkins@buexperience.org)

open to the public and all abilities.  
see instructor's bio at [abcommunityclasses.org](http://abcommunityclasses.org)  
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